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# **Last Minute Tips**



Lake-Sumter

May 9, 2015 Wellness Trail, LRMC Campus, Leesburg

> 7:00 a.m. – Registration 7:30 a.m. – Opening Ceremonies 8:00 a.m. – Walk Begins

# March for Babies 2015 - Last Minute Tips

#### **Directions**

Wellness Trail, LRMC Campus is at 600 E. Dixie Avenue, Leesburg. It is to the west of the Leesburg Regional Medical Center, between Rambo Street and S. Childs Street. Please allow yourself plenty of time!

### **Parking**

Parking will be available at the Wellness Trail parking area next to Pine Street and Rambo Street, and also in the HR parking area at LRMC close to Rambo Street. Please try to carpool and come early to avoid possible traffic!

## **Registration Area**

March of Dimes volunteers will be at the Registration Area to greet you and collect any donations you may have and give you the 2015 March for Babies event T-shirt to all qualified walkers who raised \$200 or more.

#### **Team Photos**

Team photos will be taken at the photo site courtesy of eSports Photo. Please bring a company banner or sign so that we may easily identify your group. If your team has not selected a time, please contact Annabelle Croy at (352) 942-3780 or email her at acroy@marchofdimes.org.

#### **Donations**

If you aren't able to stop by for Bank Day on Thursday, May 7th between 12 noon and 4:00 p.m. at Central Florida Health Alliance Board Room located at 410 Childs Street, Leesburg, and have walker envelopes to turn in, be sure to visit our volunteers at the Registration Area to drop them off.

# THE HAPPY WALKER



## **Opening Ceremonies**

Our 2015 March for Babies Chair, Don Henderson, President & CEO of Central Florida Health Alliance (Leesburg Regional Medical Center and The Villages Regional Hospital) and Leesburg Regional Medical Center March for Babies Team Captain Sandy Mullin, Director of Maternal Child Health, will welcome company teams, family teams, and walkers with opening ceremonies at 7:30 a.m. at the Wellness Trail, LRMC Campus in Leesburg. Then it's off to warm up with Zumba Instructor, Angela Woods-Frederick, before heading over for the countdown to the Start Line.

#### The Route

The route is about 3.5 miles, start at the Wellness Trail, go North on S. Childs St. then West on Pine St. Walkers will go North on S. Canal St., West on Fountain Lake Trail and around the Veterans Memorial Park (formerly Fountain Lake). Go back East on Fountain Lake Trail, South on N. Canal St., go East on Pine St., South on S. Childs St and finish at the Wellness Trail, LRMC Campus. For safety, walkers must stay on the route using the sidewalk and trail, and follow all traffic signals. Be sure to wear comfortable shoes and sunscreen. Let's keep the route clean by throwing trash in containers at each Spirit Station.

## **Spirit Stations**

Visit the Spirit Stations along the route for a cold drink and pick up some goodies, and of course... have fun!

## **Family Fun Area**

Bring the kids to the Family Fun Area where there will be games under the Publix Super Markets, Inc. tent. Visit the Panda Express tent for some food and take photos with their mascot, PeiPei the Panda. Stop by and partake in the City of Leesburg Police Department's "Charity Jail". Refreshments will also be provided by BJ's Membership Club and Sam's Club.

#### **Entertainment**

We have an exciting entertainment for you including the Tavares High School Band led by Andrew Dubbert, Director of Bands and our MC Marc Robertz-Schwartz of Red Apples Media. It all begins at 7:30 a.m. at the Wellness Trail, LRMC Campus.